

Safe Lab Procedures and Tool Use

Objectives

Upon completion of this chapter, you should be able to answer the following questions:

- What are the safe working conditions and procedures?
- What tools and software are used with personal computer components and what is their purpose?
- What is proper tool use?

Key Terms

This chapter uses the following key terms. You can find the definitions in the Glossary.

electrostatic discharge (ESD) page 55

antistatic wrist strap page 55

current page 56

power fluctuation page 56

blackout page 57

brownout page 57

noise page 57

spike page 57

power surge page 57

power protection device page 57

surge suppressor page 57

uninterruptible power supply (UPS) page 57

line conditioner page 57

standby power supply (SPS) page 57

material safety data sheet (MSDS) page 58

Occupational Safety and Health Administration (OSHA) page 59

Chemicals Hazard Information and Packaging for Supply Regulations 2002 (CHIP 3) page 59

antistatic mat page 59

hand tools page 62

flat-head screwdriver page 62

Phillips-head screwdriver page 62

hex driver page 63

needle-nose pliers page 63

tweezers page 63

part retriever page 63

cleaning tools page 63

diagnostic tools page 63

disk management tools page 63

Format page 64

Scandisk page 64

Defrag page 64

Disk Cleanup page 64

Disk Management page 64

workbench page 70

This chapter covers basic safety practices for the workplace, hardware and software tools, and the disposal of hazardous materials. Safety guidelines help protect individuals from accidents and injury and protect equipment from damage. Some of these guidelines are designed to protect the environment from contamination by discarded materials. Stay alert to situations that could result in injury or damage to equipment. Warning signs are designed to alert you to danger. Always watch for these signs and take the appropriate action according to the warning given.

After completing this chapter, you will meet these objectives:

- Explain the purpose of safe working conditions and procedures.
- Identify tools and software used with personal computer components and their purposes.
- Implement proper tool use.

Explain the Purpose of Safe Working Conditions and Procedures

Safe working conditions help to prevent injury to people and damage to computer equipment. A safe workspace is clean, organized, and properly lighted. Everyone must understand and follow safety procedures.

Follow proper procedures for handling computer equipment to reduce the risk of personal injury, damage to property, and loss of data. Any damage or loss may result in claims for damage from the owner of the property and data.

The proper disposal or recycling of hazardous computer components is a global issue. Make sure to follow regulations that govern how to dispose of specific items. Organizations that violate these regulations can be fined or face expensive legal battles.

After completing this section, you will meet these objectives:

- Identify safety procedures and potential hazards for users and technicians.
- Identify safety procedures to protect equipment from damage and data from loss.
- Identify safety procedures to protect the environment from contamination.

Identify Safety Procedures and Potential Hazards for Users and Technicians

Safety is very important both to the technician and to the equipment. Guidelines help to ensure that proper techniques and precautions are correctly and uniformly implemented.

General Safety Guidelines

Follow general safety guidelines to prevent cuts, burns, electrical shock, and damage to eyesight. General safety guidelines include the following:

- Manage cables properly to prevent tripping hazards and help protect the cables.
- Remove your watch or any other jewelry and secure loose clothing before handling equipment.
- Turn off the power and unplug equipment before performing service.
- Cover any sharp edges inside the case with tape.
- Never open a power supply or a monitor.
- Do not touch areas in a printer that are hot or that use high voltages.
- Know where the fire extinguisher and first-aid kit are located and how to use them.
- Keep food and drinks out of your workspace.
- Keep your workspace clean and free of clutter.
- Bend your knees when lifting objects to avoid injury to your back.

Electrical Safety Guidelines

Follow electrical safety guidelines to prevent electrical fires, injuries, and fatalities in the home and the workplace. Power supplies and monitors contain very high voltage. Only experienced technicians should attempt to repair power supplies and monitors. Most users should simply replace them when they stop working, because the cost of hiring a qualified technician typically is higher than the cost of replacement. Do not wear the antistatic wrist strap when repairing power supplies laser printers, or monitors.

Some printer parts may become very hot when in use, and other parts may contain very high voltages. Make sure that the printer has had time to cool before you make the repair. Check the printer manual for locations of various components that may contain high voltages. Some components may retain high voltages even after the printer is turned off.

Electrical devices have certain power requirements. For example, AC adapters are manufactured for specific laptops. Exchanging power cords with a different type of laptop or device may cause damage to both the AC adapter and the laptop.

Fire Safety Guidelines

Follow fire safety guidelines to protect lives, structures, and equipment. To avoid an electrical shock, and to prevent damage to the computer, turn off and unplug the computer before beginning a repair.

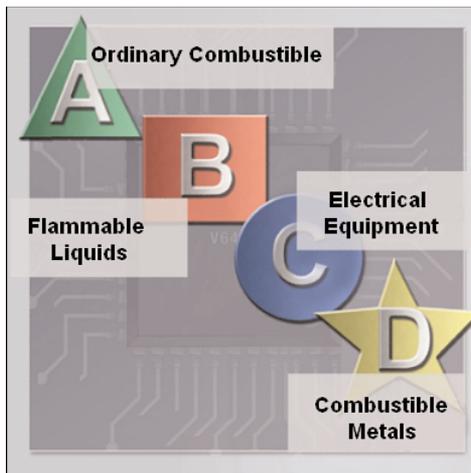
Fire can spread rapidly and be very costly. Proper use of a fire extinguisher can prevent a small fire from getting out of control. When working with computer components, always consider the possibility of an accidental fire and know how to react. You should be alert for odors emitting from computers and electronic devices. When electronic components overheat or short out, they will emit a burning odor. If there is a fire, you should follow these safety procedures:

- Never fight a fire that is out of control or not contained.
- Always have a planned fire escape route before beginning any work.
- Get out of the building quickly.
- Contact emergency services for help.
- Be sure to locate and read the instructions on the fire extinguishers in your workplace before you have to use them. Safety training may be available in your organization.

In the United States, there are four classifications for fire extinguishers. A different letter, color, and shape identify each fire extinguisher classification, as shown in Figure 2-1. Each type of fire extinguisher has specific chemicals to fight different types of fires:

- **Class A (green triangle):** Paper, wood, plastics, cardboard
- **Class B (red square):** Gasoline, kerosene, organic solvents
- **Class C (blue circle):** Electrical equipment
- **Class D (yellow star):** Combustible metals

Figure 2-1 Fire Extinguisher Classifications



Fire extinguisher classifications might vary by country.

It is important to know how to use a fire extinguisher. Hold the canister in an upright/vertical position and use the memory aid P-A-S-S to help you remember the basic rules of fire extinguisher operation:

- **P:** Pull the pin.
- **A:** Aim at the base of the fire, not at the flames.
- **S:** Squeeze the lever.
- **S:** Sweep the nozzle from side to side.

Identify Safety Procedures to Protect Equipment from Damage and Data from Loss

Electrostatic discharge, harsh climates, and poor-quality sources of electricity can cause damage to computer equipment. Follow proper handling guidelines, be aware of environmental issues, and use equipment that stabilizes power to prevent equipment damage and data loss.

Electrostatic Discharge

Static electricity is the buildup of an electric charge resting on a surface. This buildup may jump to a component and cause damage. This is known as *electrostatic discharge (ESD)*. ESD can be destructive to the electronics in a computer system.

At least 3000 volts of static electricity must build up before a person can feel ESD. For example, static electricity can build up on you as you walk across a carpeted floor. When you touch another person, you both receive a shock. If the discharge causes pain or makes a noise, the charge was probably above 10,000 volts. By comparison, less than 30 volts of static electricity can damage a computer component.

ESD can cause permanent damage to electrical components. Follow these recommendations to help prevent ESD damage:

- Keep all components in antistatic bags until you are ready to install them.
- Use grounded mats on workbenches.
- Use grounded floor mats in work areas.
- Use *antistatic wrist straps* when working on computers.

Electromagnetic Interference

Electromagnetic interference (EMI) is the intrusion of outside electromagnetic signals in a transmission media, such as copper cabling. In a network environment, EMI distorts the signals so that the receiving devices have difficulty interpreting them.

EMI does not always come from expected sources such as cellular phones. Other types of electric equipment can emit a silent, invisible electromagnetic field that can extend for more than a mile.

There are many sources of EMI:

- Any source designed to generate electromagnetic energy
- Man-made sources, like power lines or motors
- Natural events, such as electrical storms or solar and other radiations from space

Wireless networks are affected by radio frequency interference (RFI). RFI is the interference caused by radio transmitters and other devices transmitting in the same frequency. For example, a cordless telephone can cause problems with a wireless network when both devices use the same frequency. Microwaves can also cause interference when positioned in close proximity to wireless networking devices.

Climate

Climate affects computer equipment in a variety of ways:

- If the environment temperature is too high, equipment can overheat.
- If the humidity level is too low, the chance of ESD increases.
- If the humidity level is too high, equipment can suffer from moisture damage.

Table 2-1 shows how environmental conditions increase or decrease the risk of ESD.

Table 2-1 ESD Probability

Conditions	ESD Probability
Cool and dry	High
Warm and humid	Low

Power Fluctuation Types

Voltage is the force that moves electrons through a circuit. The movement of electrons is called *current*. Computer circuits need voltage and current to operate electronic components. When the voltage in a computer is not accurate or steady, computer components may not operate correctly. Unsteady voltages are called *power fluctuations*.

The following types of AC power fluctuations can cause data loss or hardware failure:

- **Blackout:** Complete loss of AC power. A blown fuse, damaged transformer, or downed power line can cause a blackout.
- **Brownout:** Reduced voltage level of AC power that lasts for a period of time. Brownouts occur when the power line voltage drops below 80 percent of the normal voltage level. Overloading electrical circuits can cause a brownout.
- **Noise:** Interference from generators and lightning. Noise results in unclean power, which can cause errors in a computer system.
- **Spike:** Sudden increase in voltage that lasts for a very short period and exceeds 100 percent of the normal voltage on a line. Spikes can be caused by lightning strikes, but can also occur when the electrical system comes back on after a blackout.
- **Power surge:** Dramatic increase in voltage above the normal flow of electrical current. A power surge lasts for a few nanoseconds, or one-billionth of a second.

Power Protection Devices

To help shield against power fluctuation issues, use *power protection devices* to protect the data and computer equipment:

- **Surge suppressor:** Helps protect against damage from surges and spikes. A surge suppressor diverts extra electrical voltage on the line to the ground.
- **Uninterruptible power supply (UPS):** Helps protect against potential electrical power problems by supplying electrical power to a computer or other device. The battery is constantly recharging while the UPS is in use. The UPS is able to supply a limited amount of power when brownouts and blackouts occur. A UPS can also act as a *line conditioner* if it uses the battery as a buffer from the minor but erratic fluctuations found in electrical lines. This form of UPS is called inline. Many UPS devices are able to communicate directly with the operating system on a computer. This communication allows the UPS to safely shut down the computer and save data prior to the UPS losing all electrical power.
- **Standby power supply (SPS):** The most common type of UPS. It helps protect against potential electrical power problems by providing a backup battery to supply power when the incoming voltage drops below the normal level. The battery is on standby during the normal operation. When the voltage decreases, the battery provides DC power to a power inverter, which converts it to AC power for the computer. This device is not as reliable as a UPS because of the time it takes to switch over to the battery. If the switching device fails, the battery will not be able to supply power to the computer.

Figure 2-2 shows some examples of surge suppressors, UPSs, and SPS devices.

Figure 2-2 Surge Suppressors and UPS Devices**Caution**

Never plug a printer into a UPS device. Doing so might overload the UPS device.

Identify Safety Procedures to Protect the Environment from Contamination

Computers and peripherals contain materials that can be harmful to the environment. Hazardous materials are sometimes called toxic waste. These materials can contain high concentrations of heavy metals such as cadmium, lead, or mercury. The regulations for the disposal of hazardous materials vary according to state or country. Contact the local recycling or waste removal authorities in your community for information about disposal procedures and services.

Material Safety Data Sheet

A *material safety data sheet (MSDS)* is a fact sheet that summarizes information about material identification, including hazardous ingredients that can affect personal health, fire hazards, and first aid requirements. In Figure 2-3, the MSDS contains chemical reactivity and incompatibility information that includes spill, leak, and disposal procedures. It also includes protective measures for the safe handling and storage of materials.

Figure 2-3 MSDS

Material Safety Data Sheet - OSHA 174 - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Address <http://www.osha.gov/dsg/hazcom/msds-osha174/msdsform.html>

U.S. Department of Labor
Occupational Safety & Health Administration
www.osha.gov

Material Safety Data Sheet

May be used to comply with OSHA's Hazard Communication Standard, 29 CFR 1910.1200. Standard must be consulted for specific requirements.

U.S. Department of Labor
Occupational Safety and Health Administration
(Non-Mandatory Form)
Form Approved
OMB No. 1218-0072

IDENTITY (As Used on Label and List)

Note: Blank spaces are not permitted. If any item is not applicable, or no information is available, the space must be marked to indicate that.

Section I

Manufacturer's Name	Emergency Telephone Number
Address (Number, Street, City, State, and ZIP Code)	Telephone Number for Information
	Date Prepared
	Signature of Preparer (optional)

Section II - Hazardous Ingredients/Identity Information

Hazardous Components (Specific Chemical Identity: Common Name(s))	OSHA PEL	ACGIH TLV	Other Limits Recommended	% (optional)
-------------------------------------------------------------------	----------	-----------	--------------------------	--------------

To determine whether a material is classified as hazardous, consult the manufacturer's MSDS. In the United States, the *Occupational Safety Health Administration (OSHA)* requires that all hazardous materials must be accompanied by an MSDS when transferred to a new owner. The MSDS information included with products purchased for computer repairs or maintenance can be relevant to computer technicians. OSHA also requires that employees be informed about the materials that they are working with and be provided with material safety information. In the United Kingdom, *Chemicals Hazard Information and Packaging for Supply Regulations 2002 (CHIP 3)* regulate the handling of hazardous materials. CHIP 3 requires chemical suppliers to safely package and transport dangerous chemicals and to include a data sheet with the product.

Note

The MSDS is valuable in determining how to dispose of any potentially hazardous materials in the safest manner. Always check local regulations concerning acceptable disposal methods before disposing of any electronic equipment.

Which organization governs the use of hazardous chemicals in your country? Are MSDSs mandatory?

The MSDS contains valuable information:

- The name of the material
- The physical properties of the material
- Any hazardous ingredients contained in the material
- Reactivity data, such as fire and explosion data
- Procedures for spills or leaks
- Special precautions
- Health hazards
- Special protection requirements

Computers and other computing devices are eventually discarded because of one of the following reasons:

- Parts or components begin to fail more frequently as the device ages.
- The computer becomes obsolete for the application for which it was originally intended.
- Newer models have improved features.

Before discarding a computer or any of its components, it is crucial to consider safe disposal of each separate component.

Proper Disposal of Batteries

Batteries often contain rare earth metals that can be harmful to the environment. Batteries from portable computer systems may contain lead, cadmium, lithium, alkaline manganese, and mercury. These metals do not decay and will remain in the environment for many years. Mercury is commonly used in the manufacturing of batteries and is extremely toxic and harmful to humans.

Recycling batteries should be a standard practice for a technician. All batteries, including lithium-ion, nickel-cadmium, nickel-metal hydride, and lead-acid, are subject to disposal procedures that comply with local environmental regulations.

Proper Disposal of Monitors or CRTs

Handle monitors and cathode ray tubes (CRT) with care. Extremely high voltage can be stored in monitors and CRTs, even after being disconnected from a power source. CRTs contain glass, metal, plastics, lead, barium, and rare earth metals. According to the U.S. Environmental Protection Agency (EPA), CRTs may contain approximately 4 lbs (1.8 kg) of lead. Monitors must be disposed of in compliance with environmental regulations.

Proper Disposal of Toner Kits, Cartridges, and Developers

Used printer toner kits and printer cartridges must be disposed of properly or recycled. Some toner cartridge suppliers and manufacturers will take empty cartridges for refilling. There are also companies that specialize in refilling empty cartridges. Kits to refill inkjet printer cartridges are available but are not recommended, because the ink may leak into the printer, causing irreversible damage. This can be especially costly because using refilled inkjet cartridges may also void the inkjet printer warranty.

Proper Disposal of Chemical Solvents and Aerosol Cans

Contact the local sanitation company to learn how and where to dispose of the chemicals and solvents used to clean computers. Never dump chemicals or solvents down a sink or dispose of them in any drain that connects to public sewers.

The cans or bottles that contain solvents and other cleaning supplies must be handled carefully. Make sure that they are identified and treated as special hazardous waste. For example, some aerosol cans may explode when exposed to heat if the contents are not completely used.

Identify Tools and Software Used with Personal Computer Components and Their Purposes

For every job, there is the right tool. Make sure that you are familiar with the correct use of each tool and that you use the right tool for the current task. Skilled use of tools and software makes the job less difficult and ensures that tasks are performed properly and safely. Figure 2-4 shows some common tools used in computer repair.

Figure 2-4 Computer Tools



Software tools are available that help diagnose problems. Use these tools to determine which computer device is not functioning correctly.

A technician must document all repairs and computer problems. The documentation can then be used as a reference for future problems or for other technicians who may not have encountered the problem before. The documents may be paper-based, but electronic forms are preferred because they can be easily searched for specific problems.

After completing this section, you will meet these objectives:

- Identify hardware tools and their purpose.
- Identify software tools and their purpose.
- Identify organizational tools and their purpose.

Identify Hardware Tools and Their Purpose

A toolkit should contain all of the tools necessary to complete hardware repairs. As you gain experience, you will learn which tools to have available for different types of jobs. Hardware tools are grouped into these four categories:

- ESD tools
- Hand tools
- Cleaning tools
- Diagnostic tools

ESD Tools

There are two ESD tools: the antistatic wrist strap and the *antistatic mat*. Both tools are designed to protect the PC from ESD. The antistatic wrist strap protects computer equipment when clipped to the computer chassis. The antistatic mat protects computer equipment by preventing static electricity from accumulating on the hardware or on the technician.

Hand Tools

Most tools used in the computer assembly process are small *hand tools*. They are available individually or as part of a computer repair toolkit. Toolkits range widely in size, quality, and price. Common hand tools include the following:

- *Flat-head screwdriver*: Used to tighten or loosen slotted screws
- *Phillips-head screwdriver*: Used to tighten or loosen cross-headed screws
- **Torx screwdriver**: Used to tighten or loosen screws that have a star-like depression on the top, a feature that is mainly found on laptops

- **Hex driver:** Used to tighten or loosen nuts in the same way that a screwdriver tightens or loosens screws (sometimes called a *nut driver*)
- **Needle-nose pliers:** Used to hold small parts
- **Wire cutters:** Used to strip and cut wires
- **Tweezers:** Used to manipulate small parts
- **Part retriever:** Used to retrieve parts from locations that are too small for your hand to fit
- **Flashlight:** Used to light up areas that you cannot see well

Cleaning Tools

Having the appropriate *cleaning tools* is essential when maintaining or repairing computers. Using these tools ensures that computer components are not damaged during cleaning.

Cleaning tools include the following:

- **Soft cloth:** Used to clean different computer components without scratching or leaving debris
- **Compressed air:** Used to blow away dust and debris from different computer parts without touching the components
- **Cable ties:** Used to bundle cables neatly inside and outside of a computer
- **Parts organizer:** Used to hold screws, jumpers, fasteners, and other small parts and prevent them from getting mixed together

Diagnostic Tools

Diagnostic tools include the following:

- **Digital multimeter:** Used to test the integrity of circuits and the quality of electricity in computer components
- **Loopback adapter:** Used to test the basic functionality of computer ports

Identify Software Tools and Their Purpose

A technician must be able to use a range of software tools to help diagnose problems, maintain hardware, and protect the data stored on a computer.

Disk Management Tools

Disk management tools help detect and correct disk errors, prepare a disk for data storage, and remove unwanted files. The following are disk management tools:

- **Format:** Prepares a hard drive to store information
- **Scandisk or Chkdsk:** Checks the integrity of files and folders on a hard drive by scanning the file system; may also check the disk surface for physical errors
- **Defrag:** Optimizes space on a hard drive to allow faster access to programs and data
- **Disk Cleanup:** Clears space on a hard drive by searching for files that can be safely deleted
- **Disk Management:** Initializes disks, and creates, deletes, and formats partitions
- **System File Checker (SFC):** Scans the operating system critical files and replaces any files that are corrupted

Use the Windows boot disk for troubleshooting and repairing corrupted files. The Windows boot disk is designed to repair Windows system files, restore damaged or lost files, and reinstall the operating system. Be sure to use the same OS boot disk as the OS installed on the PC. Use a Windows XP CD to troubleshoot a Windows XP PC, a Windows Vista CD or DVD on a Windows Vista PC, and so on. Third-party software tools are available to assist in troubleshooting problems.

Protection Software Tools

Each year, viruses, spyware, and other types of malicious attacks infect millions of computers. These attacks can damage an operating system, application, and data. Computers that have been infected may even have problems with hardware performance or component failure.

To protect data and the integrity of the operating system and hardware, use software designed to guard against attacks and to remove malicious programs.

Various types of software are used to protect hardware and data:

- **Windows XP Security Center:** Checks the status of essential security settings. The Security Center continuously checks to make sure that the software firewall and antivirus programs are running. It also ensures that automatic updates are set to download and install automatically.
- **Antivirus program:** Protects against virus attacks.
- **Spyware remover:** Protects against software that sends information about web surfing habits to an attacker. Spyware can be installed without the knowledge or consent of the user.
- **Firewall program:** Runs continuously to protect against unauthorized communications to and from your computer.



Worksheet 2.2.2: Diagnostic Software

In this worksheet, you will use the Internet, a newspaper, or a local store to gather information about a hard drive diagnostic program. Be prepared to discuss the diagnostic software you researched. Refer to the worksheet in *IT Essentials: PC Hardware and Software Lab Manual, Fourth Edition*. You can complete this worksheet now or wait to do so until the end of the chapter.

Identify Organizational Tools and Their Purpose

It is important that a technician document all services and repairs. These documents need to be stored centrally and made available to all other technicians. The documentation can then be used as reference material for similar problems that are encountered in the future. Good customer service includes providing the customer with a detailed description of the problem and the solution.

Personal Reference Tools

Personal reference tools include the following:

- **Notes:** Make notes as you go through the investigation and repair process. Refer to these notes to avoid repeating previous steps and to determine what steps to take next.
- **Journal:** Document the upgrades and repairs that you perform. The documentation should include descriptions of the problem, possible solutions that have been tried to correct the problem, and the steps taken to repair the problem. Be sure to note any configuration changes made to the equipment and any replacement parts used in the repair. Your journal, along with your notes, can be valuable when you encounter similar situations in the future.
- **History of repairs:** Make a detailed list of problems and repairs, including the date, replacement parts, and customer information. The history allows a technician to determine what work has been performed on a computer in the past.

Note

Keeping an electronic journal stored on a computer can be helpful for later troubleshooting because you can more easily search for possible solutions in electronic documents than in paper documents.

Internet Reference Tools

The Internet is an excellent source of information about specific hardware problems and possible solutions. You find this information through the following resources:

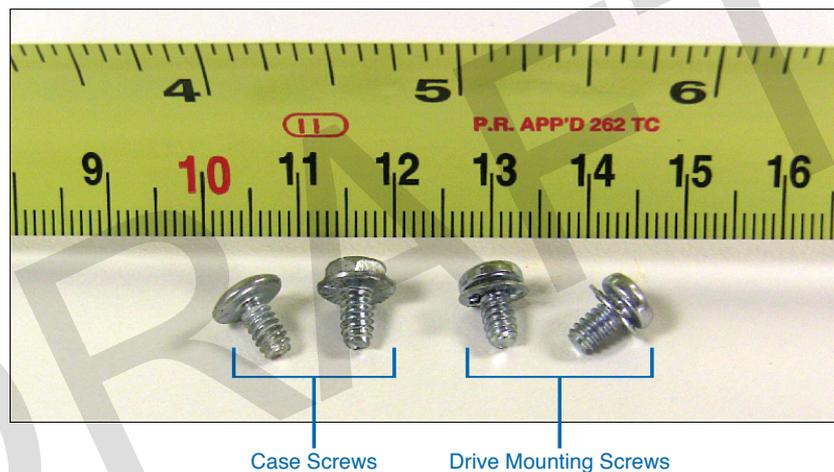
- Internet search engines
- Newsgroups

- Manufacturer FAQs
- Online computer manuals
- Online forums and chat
- Technical websites

Miscellaneous Tools

With experience, you will discover many additional items to add to the toolkit. Figure 2-5 shows case and drive mounting screws.

Figure 2-5 Labeled Computer Parts



A laptop is also a valuable resource to take with you on computer repairs in the field. Having your own working computer on a site visit can be used to research information, download tools or drivers, or communicate with other technicians.

Your toolkit should also include a variety of replacement parts. Figure 2-6 shows the types of replacement computer parts you might want to keep handy. Make sure that the parts are in good working order before you use them. Using known good components to replace possible bad ones in computers will help you quickly determine which component may not be working properly. You should store sensitive components, such as RAM, cards, and CPUs, in an antistatic bag prior to installation, as shown in Figure 2-7.

Figure 2-6 Replacement Computer Parts

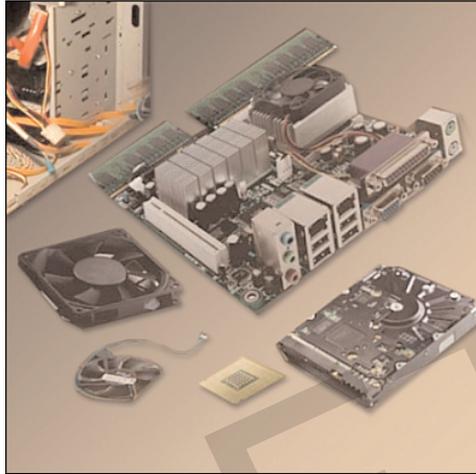


Figure 2-7 Store Replacement Computer Parts in an Antistatic Bag





Lab 2.3.4: Computer Disassembly

In this lab, you will disassemble a computer using safe lab procedures and the proper tools. Use extreme care and follow all safety procedures. Familiarize yourself with the tools you will be using in this lab. Refer to the lab in *IT Essentials: PC Hardware and Software Lab Manual, Fourth Edition*. You can perform this lab now or wait until the end of the chapter.

Implement Proper Tool Use

Safety in the workplace is everyone's responsibility. You are much less likely to injure yourself or damage components when using the proper tool for the job.

Before cleaning or repairing equipment, check to make sure that your tools are in good condition. Clean, repair, or replace any items that are not functioning adequately.

After completing this section, you will meet these objectives:

- Demonstrate proper use of an antistatic wrist strap.
- Demonstrate proper use of an antistatic mat.
- Demonstrate proper use of various hand tools.
- Demonstrate proper use of cleaning materials.

Demonstrate Proper Use of an Antistatic Wrist Strap

As discussed previously, an example of ESD is the small shock that you receive when you walk across a room with carpet and touch a doorknob. Although the small shock is harmless to you, the same electrical charge passing from you to a computer can damage its components. Wearing an antistatic wrist strap can prevent ESD damage to computer components.

The purpose of an antistatic wrist strap is to equalize the electrical charge between you and the equipment. The antistatic wrist strap is a conductor that connects your body to the equipment that you are working on. When static electricity builds up in your body, the connection made by the wrist strap to the equipment, or ground, channels the electricity through the wire that connects the strap.

As shown in Figure 2-8, an antistatic wrist strap has two parts and is easy to wear. Following is the proper procedure for using an antistatic wrist strap:

How To

- Step 1.** Wrap the strap around your wrist and secure it using the snap or Velcro. The metal on the back of the wrist strap must remain in contact with your skin at all times.

- Step 2.** Snap the connector on the end of the wire to the wrist strap, and connect the other end either to the equipment or to the same grounding point that the antistatic mat is connected to. The metal skeleton of the case is a good place to connect the wire. When connecting the wire to equipment that you are working on, choose an unpainted metal surface. A painted surface does not conduct the electricity as well as unpainted metal.

Figure 2-8 Antistatic Wrist Strap



Note

Attach the wire on the same side of the equipment as the arm wearing the antistatic wrist strap. This will help to keep the wire out of the way while you are working.

Although wearing a wrist strap will help to prevent ESD, you can further reduce the risks by not wearing clothing made of silk, polyester, or wool. These fabrics are more likely to generate a static charge.

Note

Technicians should roll up their sleeves, remove scarves or ties, and tuck in their shirts to prevent interference from clothing. Ensure that earrings, necklaces, and other loose jewelry are properly secured or removed.

Caution

Never wear an antistatic wrist strap if you are repairing a monitor or a power supply unit.

Demonstrate Proper Use of an Antistatic Mat

You may not always have the option to work on a computer in a properly equipped workspace that includes workbenches and antistatic mats. If you can control the environment, try to set up your workspace away from carpeted areas. Carpets can cause the buildup of electrostatic charges. If you cannot avoid the carpeting, ground yourself to the unpainted portion of the case of the computer on which you are working before touching any components.

Antistatic Mat

An antistatic mat is slightly conductive. It works by drawing static electricity away from a component and transferring it safely from equipment to a grounding point, as shown in Figure 2-9. Following is the proper procedure for using an antistatic mat:



- Step 1.** Lay the mat on the workspace next to or under the computer case.
- Step 2.** Clip the mat to the case to provide a grounded surface on which you can place parts as you remove them from the system. Additional connections to the electrical earth ground is a best practice.

Figure 2-9 Antistatic Mat



Reducing the potential for ESD reduces the likelihood of damage to delicate circuits or components.

Note

Always handle components by the edges.

Workbench

When you are working at a **workbench**, ground the workbench and the antistatic floor mat. By standing on the floor mat and wearing the wrist strap, your body has the same charge as the equipment and reduces the probability of ESD. Either connect the table-top mat and the floor mat to each other or connect both to the electrical earth ground.

Demonstrate Proper Use of Various Hand Tools

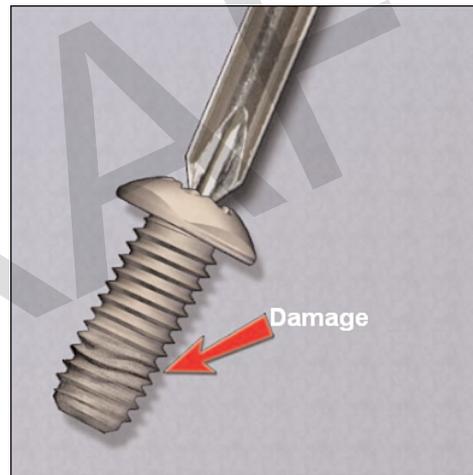
A technician needs to be able to properly use each tool in the toolkit. This topic covers many of the various hand tools used when repairing computers.

Screws

Match each screw with the proper screwdriver. Place the tip of the screwdriver on the head of the screw. Turn the screwdriver clockwise to tighten the screw and counterclockwise to loosen the screw.

Screws can become stripped if you over-tighten them with a screwdriver. A stripped screw, shown in Figure 2-10, may get stuck in the screw hole or may not tighten firmly. Discard stripped screws.

Figure 2-10 Stripped Screw



Flat-Head Screwdriver

Use a flat-head screwdriver when you are working with a slotted screw. Do not use a flat-head screwdriver to remove a Phillips-head screw. Never use a screwdriver as a pry bar.

Caution

If excessive force is needed to remove or add a component, something is probably wrong. Take a second look to make sure that you have not missed a screw or a locking clip that is holding the component in place. Refer to the device manual or diagram for additional information.

Phillips-Head Screwdriver

Use a Phillips-head screwdriver with crosshead screws. Do not use this type of screwdriver to puncture anything. This will damage the head of the screwdriver.

Hex Driver

Use a hex driver, shown in Figure 2-11, to loosen and tighten bolts that have a hexagonal (six-sided) head. Hex bolts should not be over-tightened because the threads of the bolts can be stripped. Do not use a hex driver that is too large for the bolt that you are using.

Figure 2-11 Hex Driver

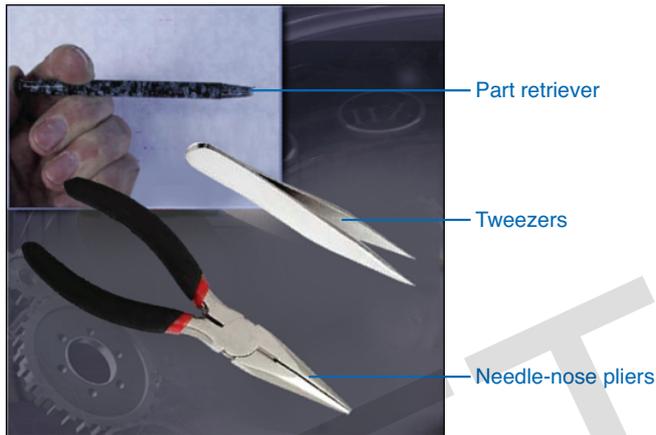


Caution

Some tools are magnetized. When working around electronic devices, be sure that the tools you are using have not been magnetized. Magnetic fields can be harmful to data stored on magnetic media. Test your tool by touching the tool with a metal screw. If the screw is attracted to the tool, do not use the tool.

Part Retriever, Needle-Nose Pliers, or Tweezers

The part retriever, needle-nose pliers, and tweezers, shown in Figure 2-12, can be used to place and retrieve parts that may be hard to reach with your fingers. Do not scratch or hit any components when using these tools.

Figure 2-12 Component-Retrieving Tools**Caution**

Do not use a pencil inside the computer to change the setting of switches or to pry off jumpers. The pencil lead can act as a conductor and may damage the computer components.

Demonstrate Proper Use of Cleaning Materials

Keeping computers clean inside and out is a vital part of a maintenance program. Dirt can cause problems with the physical operation of fans, buttons, and other mechanical components. Severe dust can build up on computer components. On electrical components, an excessive buildup of dust will act like an insulator and trap the heat. This insulation will impair the ability of heat sinks and cooling fans to keep components cool, causing chips and circuits to overheat and fail.

Caution

When you use compressed air to clean inside the computer, blow air around the components with a minimum distance of four inches from the nozzle. Clean the power supply and the fan from the back of the case. Do not shake compressed air. The can must be held upright when in use.

Caution

Before cleaning any device, turn it off and unplug the device from the power source.

Computer Cases and Monitors

Clean computer cases and the outside of monitors with a mild cleaning solution on a damp, lint-free cloth. Mix one drop of dishwashing liquid with four ounces of water to create the cleaning solution. If any water drips inside the case, allow enough time for the liquid to dry before powering on the computer.

LCD Screens

Do not use ammoniated glass cleaners or any other solution on a liquid crystal display (LCD) screen, unless the cleaner is specifically designed for the purpose. Harsh chemicals will damage the coating on the screen. There is no glass protecting these screens, so be gentle when cleaning them and do not press firmly on the screen.

CRT Screens

To clean the screens of CRT monitors, dampen a soft, clean, lint-free cloth with distilled water and wipe the screen from top to bottom. Then use a soft, dry cloth to wipe the screen and remove any streaking after you have cleaned the monitor.

Clean dusty components with a can of compressed air. Compressed air does not cause electrostatic buildup on components. Make sure that you are in a well-ventilated area before blowing the dust out of the computer. A best practice is to wear a dust mask to make sure that you do not breathe in the dust particles.

Blow out the dust using short bursts from the can. Never tip the can or use the compressed air can upside down. Do not allow the fan blades to spin from the force of the compressed air. Hold the fan in place. Fan motors can be ruined from spinning when the motor is not turned on.

Component Contacts

Clean the contacts on components with isopropyl alcohol. Do not use rubbing alcohol. Rubbing alcohol contains impurities that can damage contacts. Make sure that the contacts do not collect any lint from the cloth or cotton swab. Blow any lint off the contacts with compressed air before reinstallation.

Keyboard

Clean a desktop keyboard with compressed air or a small, hand-held vacuum cleaner with a brush attachment.

Caution

Never use a standard vacuum cleaner inside a computer case. The plastic parts of the vacuum cleaner can build up static electricity and discharge to the components. Use only a vacuum approved for electronic components.

Mouse

Use glass cleaner and a soft cloth to clean the outside of the mouse. Do not spray glass cleaner directly on the mouse. If cleaning a ball mouse, you can remove the ball and clean it with glass cleaner and a soft cloth. Wipe the rollers clean inside the mouse with the same cloth. Do not spray any liquids inside the mouse.

The following list documents the computer items that you should clean and the cleaning materials you should use in each case:

- **Computer case and outside of monitor:** Mild cleaning solution of dishwashing liquid and water
- **LCD screen:** Mild cleaning solution of dishwashing liquid and water
- **CRT screen:** Glass cleaner and soft cloth (spray on the cloth, not on the screen)
- **Heat sink:** Compressed air
- **RAM stick:** Isopropyl alcohol and some Q-tips
- **Keyboard:** Handheld vacuum cleaner with a brush attachment
- **Mouse:** Glass cleaner and soft cloth (spray on the cloth, not on the mouse)

Summary

This chapter discussed safe lab procedures, correct tool usage, and the proper disposal of computer components and supplies. You have familiarized yourself in the lab with many of the tools used to build, service, and clean computer and electronic components. You have also learned the importance of organizational tools and found out how these tools help you work more efficiently.

The following are some of the important concepts to remember from this chapter:

- Work in a safe manner to protect both users and equipment.
- Follow all safety guidelines to prevent injuries to yourself and to others.
- Know how to protect equipment from ESD damage.
- Know about and be able to prevent power issues that can cause equipment damage or data loss.
- Know which products and supplies require special disposal procedures.
- Familiarize yourself with MSDSs for both safety issues and disposal restrictions to help protect the environment.
- Use the correct tool for the task.
- Know how to clean components safely.
- Use organizational tools during computer repairs.

Summary of Exercises

This is a summary of the Labs, Worksheets, Remote Technician exercises, Class Discussions, Virtual Desktop activities, and Virtual Laptop activities associated with this chapter.



Labs

The following lab covers material from this chapter. Refer to the lab in *IT Essentials: PC Hardware and Software Lab Manual, Fourth Edition*.

Lab 2.3.4: Computer Disassembly



Worksheets

The following worksheet covers material from this chapter. Refer to the worksheet in *IT Essentials: PC Hardware and Software Lab Manual, Fourth Edition*.

Worksheet 2.2.2: Diagnostic Software

Check Your Understanding

You can find the answers to these questions in the appendix, “Answers to Check Your Understanding Questions.”

1. What class of fire extinguisher is used to extinguish electrical equipment fires?
 - A. Class A
 - B. Class B
 - C. Class C
 - D. Class D
2. Which of the following is a fact sheet that summarizes information about material identification, including hazardous ingredients that can affect personal health, fire hazards, and first aid requirements?
 - A. ESD
 - B. MSDS
 - C. OSHA
 - D. UPS
3. Which of the following can cause permanent damage to electrical components if you do not use proper tools and safety procedures?
 - A. ESD
 - B. UPS
 - C. MSDS
 - D. OSHA
4. What is the minimum level of electrostatic discharge that a person can normally feel?
 - A. 5 volts
 - B. 1000 volts
 - C. 3000 volts
 - D. 10,000 volts
5. Which recommendation should be followed first when a fire in the workplace is out of control?
 - A. Try to use the elevators to get to the lowest floor faster.
 - B. Get out of the room or building and contact emergency services for help.
 - C. Use the company water system to stop the fire from extending to other areas.
 - D. Try to control the fire with proper extinguishers.

- 6.** Which of the following tools are recommended for cleaning a PC? (Choose two.)
- A. Antibacterial spray
 - B. Compressed air
 - C. Mild abrasive detergent
 - D. Nylon brush
 - E. Rubbing alcohol
 - F. Soft cloth
- 7.** How does a technician discharge static buildup?
- A. Touching the painted part of the computer case
 - B. Touching an unpainted part of the computer case
 - C. Touching an antistatic wrist strap before touching any computer equipment
 - D. Touching an antistatic mat before touching any computer equipment
- 8.** Which device is designed specifically to protect computers and electrical devices from excess electrical voltage?
- A. Power strip
 - B. Standby power supply
 - C. Surge protector
 - D. Uninterruptible power supply
- 9.** Which of the following effects can be observed on computer components as a result of climate? (Choose three.)
- A. Components overheat if the climate is too hot.
 - B. Moisture damages computer parts if the climate is too humid.
 - C. Components work too slowly if the climate is too cold.
 - D. The risk of ESD increases if the humidity is too low.
 - E. The risk of ESD increases if the temperature is too high.
 - F. Components overheat if the humidity is too low.
- 10.** Which condition refers to a sudden and dramatic increase in voltage, which is usually caused by lightning?
- A. Brownout
 - B. Sag
 - C. Spike
 - D. Surge